

How would man be without any feeling?

Crushed and distraught on the floor kneeling;

God is not like that he wants us to all be human,

To know just enough, now man and woman resuming.

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Emotions are important for us to understand,

From the work of the forefather to make and mould this land;

We need to entwine and intermingle together,

And talk about life and the effects of the weather.

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Emotions should be simple but can be quite complex,

They are for all people, hopefully taken in the right context;

And sometimes emotions cause heartache and pain,

But mostly emotions will just keep us all sain.

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Emotions can be caused by strife with people, who are battling,

They come from our hearts and keep our heads rattling;

Emotions are special and a gift to each other,

And can make us all glad with love for one-another.

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So now these emotions demand respect from us all,

Not leaving us left sitting out up on a wall;

And our emotions are normal for all to employ,

In the hearts of our neighbours and the minds we enjoy.

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**Signed,**

**Feeling well.**