

Nourishment and flourishing means prosper and succeed,

It means fill your life with riches from the earth beneath;

It is a digestion and circulation of food around the world and body,

And it means absorbing all the nutrient to spread and gather doing duty.

When we nourish ourselves our loves are full of goodness and plenty,

So we can enjoy the fruits of our labor and see clearly twenty-twenty;

And the beauty and the brilliance of all the abundant gifts of life,

Will see you living well and further your education to keep out of strife.

God gave us all we need and gives to nourish and to flourish,

So take heart and need the courage to believe and indulge with;

For fish and bread and fruit or meat and vegetable and clarity,

Are all good for the nourishment and are flourishment not light as for a fairy.

Now the earth is big and round and there is money everywhere,

So when times are financial use wisdom to invest with care and prayer;

For people need the products of what is great and beneficial,

That the surplus and the extra can go to those who are delicious.

Well when the famine and the poverty of bad times strike you life,

Or when you live in an undeveloped country or third world full of strife;

Remember God is good and gave all the nourishment and flourishment,

So you too can help others to find a better way and form of government.

So the facts speak for themselves and the truth is on the table,

That all the worlds resources are for a surplus production to be stable,

And flourishing and nourishment is for all to be nourished and to flourish,

That the best that can possibly be is enough for all from one who loves to dish.

Signed,

Enough on my plate