

.First you must take a deep breath and inhale slowly,
Then you realize you're alive and exhale knowing me;
If you get what I mean, I will know you want to be,
Breathing free and easy exhaling and inhaling in reverse psychology.

Second while you're enjoying living, you think about what next,
As you continue with your breathing inhaling and exhaling text;
Like this verse is nice to think about while you're seeing,
Understanding that your lungs and heart is breathing with clear hearing/

This life is such a delicate subject, you want to take it for granted,.
When all is happening around you and things are being demanded.
For in the inference of opinion when things are taken lightly,
You're expecting to be subject to the air you're breathing rightly.

Fourthly when you inhale and exhale you turn oxygen around,
To carbon dioxide with some nitrogen used and found;
Inhaling is exhilarating as the oxygen giving fills you're blood,
And you exhale rejuvenated like you pass waste the looks like mud.

Fifthly, God is constantly watching to make sure you don't go wrong,
When you have to breathe a bit deeper, for the sweet tune of a song,
And life is in respiration as you inhale and exhale for so long,
As you live life in the fast lane, slowing down for living on and on.

Sixthly, life is for the living, inhaling and exhaling to perspire,
When enthusiasm strike and you're zeal to live more does aspire;
And the best of all the breathing is to always inhale and exhale air,
When the certainty of tomorrow is found in a world of prayer.

Signed,

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