

Can we experience highs without the lows?
Is the sweet food of life, like the wind that blows;
The delightful and the delectable, is sweet to taste,
But the beauty of the abundant, is often lost in waste.

Still we treat ourselves to all the good things in life,
House and home, kids and wife;
Where the superfluous is extravagance,
And the delightful and delectable can be negligence.

Christmas comes but once a year,
And time is sweet and life is dear;
All the good things you could possibly want,
When what we really need is love without cost.

There is no such thing as a free lunch,
But we eat all we can whatever it is;
The delightful and delectable, is an expensive thing,
When we try our little heart out to be king.

But God has a grace and beauty to behold,
Which can be found in the delightful and the delectable;
So we should not take for granted the good things on earth,
But cherish our souls and lives since the world's first birth.

The delightful and delectable is a magnificent array of delicacies,
To treasure for a short time and pray the memory will last.
For the spirit of God is a gift to us all,
Like what's delightful and delectable on earth's ball.

Signed,

Good all the way