

It's good to discipline and go without things;

It helps to know the difference and gives time to think;

But in denial we strive and lack but the problem is at hand,

To suffer for what's really real for something ideally grand.

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It's good to go without things because you can't own it all,

And it is better to know what than want everything you call;

In denial it is a lack of some things that are quite nice to have,

Which teaches us wisdom and reminds us of the things we gave.

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In denial we wait and hope and have to work to achieve,

When it's something too hard to know and you have to believe;

God made it all and we have to find out what's what or not,

For the right and the wrong really have cost us all a lot.

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If people don't deny themselves the crowd is a cloud,

And we all have to be individual if we are allowed;

For the meaning of life is a quality that is worth all the paradise,

And that takes a real hell of a long time and sometimes a sacrifice.

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Now in the providing for people it is a nice form of life,

But the duty and law belongs to the husband and wife;

We really must give the family nearly anything at all,

And that means denying oneself so they can stand tall.

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And the beauty of denial is that it is a heavenly way to suffer,

Which encourages and disciplines and makes people tougher;

For the question of endurance and perseverance is hard,

So in denial you can travel and really go every yard.

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Signed,

Producing Richness